

## RECRUITMENT ADVERTISEMENTS

### **Option 1: Focus on Empowerment & Impact**

**Headline:** Your Voice Matters: Shape the Future of Spinal Cord Injury Support!

**Body:**

Living with a spinal cord injury, or supporting someone who is, means navigating unique challenges. But it also means incredible strength and resilience. We want to hear YOUR story about bouncing back and finding new ways forward.

We're inviting people with lived experience of traumatic spinal cord injury, their families and friends, and health and community service providers to share their insights. Your input will directly help us develop better ways to foster resilience and improve support practices!

**How You Can Make a Difference:**

- Share your unique experiences about life after spinal cord injury.
- Pinpoint key areas where support could be even better.
- Collaborate with others to generate innovative ideas for enhancing resilience.

**Flexible Participation:**

We understand your time is valuable. Participate in 1 to 4 sessions, online (Zoom/Teams/Skype), in person (Brisbane residents), over the phone, or in written format. We're committed to accommodating alternative communication needs – just let us know how we can support you!

As a thank you, participants with lived experience can receive \$50 per completed research activity (interview/workshop).

Ready to contribute to meaningful change? Contact us today!

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*(Approved by the University of Queensland Human Research Ethics Committee.)*