

Personal Background Information

Re- telling the story of a traumatic injury / condition or diagnosis can be an impediment to seeking support. The form below can assist you to share key information **about you** with a health professional before your visit.

Date of accident / diagnosis?

Relevant Medical History:

Current Medication and Supplement Information

Medication/supplement	Dosage	When/How/Why used?

Previous Supports:

Did previous supports assist? Why / why not?

Facts / what I cannot change about my condition (physical needs including, function, care, pain, health)?

What I would like health professionals to understand about my condition (challenges such as accessibility, public bathrooms, transport, ADL's, routines).

My strengths?

Key reasons for seeking support/ what are my goals and desires?