

Are you living with a traumatic brain injury?

Calling research volunteers to complete our survey to find out what type of physical activity you prefer.

If you:

- Live in Australia and have sustained a moderate-to-severe brain injury at least 12 months ago
- Have an interest in helping researchers develop guidelines to improve individual health and well-being
- Are 10 years or older

Use the QR code or follow the link below to access more information and complete the 15-20 minute survey.

http://tiny.cc/bridges_survey

